

**NEWSLETTER No . 15 26th May, 2016****The Feast of Corpus Christi**

This Sunday is the Most Holy Body and Blood of Christ or also known as the Feast of Corpus Christi. The Corpus Christi Feast day is devoted to the mystery that is the Eucharist, repeated at every occasion during the celebration of the Mass.

This feast calls us to focus on two manifestations of the Body of Christ: The Holy Eucharist and the Church.

We are given this gift so we can go and give to others. If the Eucharist is gone from our hearts and minds the minute we leave the Church, then the preciousness of this gift may be lost to us. The Eucharist is the bread that gives us life so we may give life to others.



*Lord Jesus Christ,
you gave us the Eucharist
as the memorial of your suffering and death.
May our worship of this sacrament
of your body and blood
help us to experience
the salvation you won for us
and the peace of the kingdom
where you live with the Father and the Holy Spirit,
one God, for ever and ever. Amen.*

**Food Drive – Feast of the Sacred Heart of Jesus**

The Feast of the Sacred Heart of Jesus is celebrated on the June 3rd. It is a time for us to reflect on the unconditional, generous and compassionate love Jesus has for everyone, especially the poor and the suffering in our world. Eucharistic celebrations held on this feast day is sometimes referred to as a "Poor Man's Mass".

We are appealing for non-perishable foods to support our local St Vincent de Paul Society. Over the next week families are asked to make a donation towards this appeal. Collections will take place in each classroom and the gifts will be presented at our whole school mass next Friday, 3rd June.

Dear Parents,

It has been a very positive week here at Holy Rosary. It began with our beautiful mass on Monday where so many of our parish, school and work colleagues of Mrs Short came along to celebrate 'Joan day' with us all. The congregation then enjoyed a beautiful morning tea prepared so well by our Parents and Friends Committee and shared many stories of how they have known Mrs Short over the years and how she has influenced them and their families.

'Joan Day' then concluded with an assembly where the children offered up prayers for Mrs Short and Sr Geraldine Larkins RSJ, Deputy Director, Catholic Mission and Identity Sandhurst, presented Mrs Short with a plaque, badge and gift to acknowledge her dedicated service to Catholic Education. Mrs Short then processed out of the assembly through a guard of honour and rousing applause.

It truly was a very fitting celebration of such a great career. Mrs Short has been at Holy Rosary for 38 years as a librarian/teacher and admin officer. She has had 10 Principals along the way and has served over three generations of Holy Rosary families.

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For such a shy and reserved person, Joan has embraced this week and although very busy finishing off bits of work here or there, has taken the time to greet all well wishers, to attend several functions and to enjoy the accolades.

Well done Mrs Short!



Catholic Identity at Holy Rosary

Masses, prayer and symbols that strengthen our understanding of our faith are very much a part of who we are at Holy Rosary and how we learn. I am very grateful to all our staff who ensure that being a Catholic School is held so highly in our day to day practice. Such ethos extends into how we treat each other through our expectations and our interaction with students and adults.

I would like to particularly acknowledge Mrs Liz Tobin our Religious Education Co-ordinator who prepares for our Masses and prayer at assembly so beautifully. This attention to detail is valued highly by our staff and the children benefit greatly through meaningful prayer. On Friday, 27th May, our staff will be working with Sister Geraldine Larkins from the Catholic Education Office to look at the Catholic Identity dimensions of our school. This is part of a cyclical review process that schools in Sandhurst are involved in.

Learning Conversations

Thank you to all families who attended their child's Learning Conversation this week. This is a great opportunity to understand more about each other and about where the school is headed with Learning and Teaching. What the Game Plan is if you like!

The opportunity for students to set themselves learning goals and goals around our school expectations can be a very powerful process that hopefully teachers, parents and child continually refer to and aspire to achieve.

Miss Mitchell, our Leader of Learning, has been a wealth of experience and knowledge around how to make our Learning Conversations such a strong element of our 'Game Plan' for learning. I wish to thank Lauren for her positivity, expertise, ability to lead others and her understanding of best pedagogy. Our staff appreciate her leadership and guidance

Pupil Free Day - Friday 27th May

Our staff will be at school on Friday undertaking Professional Learning around Catholic Identity in the morning and will be working with Stitches on First Aide, CPR and Anaphylaxis training in the afternoon. **There will be no school for children tomorrow**

Choir

Our choir has been busy this week preparing songs for a visit from A3 Arts on Tuesday, 7th June. The visit is a rehearsal day (9.30am-10.45am) in preparation for the Sandhurst Arts on Show festival which will be held on August 30th & 31st. Thanks Mrs Sexton for your work in this area, and we will have more information closer to August.

Working Bee

Thank you to our hard working Parents and Friends Committee in conjunction with the School Board who have planned a Clean Up working Bee for Saturday, 28th May (this weekend). Please get along to assist if you can as we aim to tidy up our beautiful school grounds.

Tree Removal And Safety Inspection

Mr. Dean Bibby, School Board Chair, and myself met with Mr Mark Beedle,(Arborist) several weeks ago. The intention of the meeting was to review all trees and branches at our school for safety and health. We value our trees and shrubs at the school greatly and our major intention is always to preserve any growth, but at the same time ensure the safety of all who are on the school premises.

Mark and his team have identified several trees that are dangerous due to rot or poor growth and they will be attending to these on Friday 27th May. This is a pupil free day and our staff will be inside, however, we ask that no one is on the school premises while Mark and his team are working. Thank you.

Yours sincerely,



Paul Dullard
Principal

TERM 2 DATES FOR 2016

May		
	Friday 27th	- Pupil Free Day
June		
	Friday 3rd	- Whole School Mass - 11.30am
	Tuesday 7th	- A3 school visit (Gr. 3-6)
	Monday 13th	- Queen's Birthday Holiday
	Friday 24th	- Last day Term 2
July		
	Monday 11th	- First day Term 3



Class Masses - Parents welcome to attend : Masses are in the school chapel.

Thursday 2nd June - Class Mass in Chapel @ 9:00am (3/4A)
Friday 3rd June - First Friday Mass - Whole School @11:30am in the Church
Thursday 9th June - Class Mass in Chapel @ 9:00am (5/6)
Thursday 16th June - Class Mass in Chapel @ 9:00am (3/4B)
Thursday 23rd June - Class Mass in Chapel @ 9:00am (F/1)



We place great emphasis on these visits, worshipping together strengthens and professes our faith developing an even closer relationship with our local parish community.

THANK YOU

Thank you to all who came along on Monday, it was truly an enjoyable day for me. The gifts, flowers, cards and good wishes for my retirement are very much appreciated. A special thank you to the mums of the P & F who worked in the kitchen.

I have enjoyed my time at Holy Rosary and will miss you all, especially the students. I will think of you often.

Regards, Joan

Parent & Community Forum

We are currently making some significant decisions relating to our future and we want your involvement and feedback.



WEDNESDAY 1 JUNE 2016

7.00pm in the Marian Theatre

Coolock Campus, Barkly St, Bendigo

Refreshments will be provided

Catholic College Bendigo invites all parents and interested members of the community to an important evening for our College.

The evening will consist of a short presentation covering current and future developments, followed by a forum for discussion.

MASTERPLAN AND BUILDING DEVELOPMENTS

View designs nearing completion for both the La Valla and Coolock campuses to create state-of-the-art learning spaces. We will present the rationale behind these designs.

COMMUNITY PARTNERSHIPS AND OUR FUTURE

We will be clarifying the various community partnerships and our Mercy connection.

VISION AND MISSION

Review the draft statement that will form the basis for developing our strategic direction and every aspect of our current practice and future planning.

VISUAL IDENTITY AND OUR MERCY CONNECTION

Communications specialists Fraynework are working on our College's visual identity (such as name, uniform, motto and crest), digital communications and future direction as a Mercy school.

FUTURE LEARNING

Directions in Learning and Teaching, including ICT and the Martyn Program.

PARENT COMMUNITY

Discuss opportunities for parent involvement and social evenings.



CATHOLIC COLLEGE BENDIGO

Celebrating 140 years of Mercy education in Bendigo

ENROLMENT FOR YEAR 7, 2017

Closing date Friday 3 June 2016

If you have not already received a Prospectus and Enrolment Application booklet, please contact Mrs Trish Martin or visit our website.

PRINCIPAL'S TOURS

Due to high demand, additional Principal's Tours have been scheduled for:

Thursday 19 May at 2.00pm

Thursday 26 May at 12.30pm

Thursday 2 June at 9.00am

Join Brian Turner for a walk around the La Valla campus (Years 7 – 9) on a regular school day. The 1-hour tours allow plenty of time for questions.

ENROLMENT ENQUIRIES & TOUR BOOKINGS

Mrs Trish Martin, College Registrar

(03) 5449 3466; tmartin@ccb.vic.edu.au

www.ccb.vic.edu.au



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Mercy Education Ltd
ABN 69 154 531 870



OPEN DAY

MONDAY JUNE 6TH 2016

9.00AM – 10.45AM

An information morning will be held for all parents and children entering Foundation in 2017. Tours of the school will be available and the children will participate in activities in the Foundation classroom.

As of Term 3, Holy Rosary is offering Transition mornings for students moving into Foundation in 2017 to help support their transition process.



Transition Dates for Term 3

Monday July 18	8.45am – 10.45am
Monday Aug 1	8.45am – 10.45am
Monday Aug 15	8.45am – 10.45am
Monday Aug 29	8.45am – 10.45am
Monday Sept 12	8.45am – 10.45am



Holy Rosary School Heathcote

For any further enquiries please contact the school on
(03) 5433 2057 or email: principal@hrheathcote.catholic.edu.au
18 Pohlman Street, Heathcote



BEING A STEPPARENT

Taking on the responsibilities of a stepparent and adopting the traditional role of mother or father, often does not work very well.

The primary challenge for a stepparent is to develop your own unique role that works both for you and the family.

This will also depend on the ages and personalities of the children in your stepfamily and the time you get to spend together.

What is absolutely essential is that you and your partner role model a loving, respectful and emotionally secure relationship for the children.

Couples need to make time for their relationship and have couple-time on a regular basis. Yes, this can be difficult but this helps build stronger bonds as a couple, as a family and also benefits the children. Along with patience and open communication this will help build a successful stepfamily.

REMEMBER

- The road to being a well-functioning stepfamily is a winding one, and on this trip you will all need emotional stamina, humour and endurance.
- Stepfamilies are different to nuclear families. Their foundations are different with careful reconstruction and negotiation of roles and responsibilities often required and the consideration of both past and current relationships, but many people achieve it successfully.

Being a parent is the hardest job in the world, but being a stepparent throws in a whole new set of **challenges.**



BEING A STEPPARENT



- » Being a stepparent generates varying emotions and expectations (at times exciting and rewarding) and can test our patience and character. Be aware of these feelings, the ups and downs; satisfaction, isolation, powerlessness, anger, pride, sadness, hope, guilt, jealousy and frustration. Talk to someone or get some support about your feelings.

Feelings are temporary and they do pass.

- » It takes time for your stepfamily to develop its own routines and traditions. It can be helpful to make some rules or guidelines with your partner about your active involvement with the children (e.g. homework, discipline, providing transport etc.) and when you will stay in the background as a support.

LET'S GET PRACTICAL

SUPPORTING THE CHILDREN

- » Be the support but not the disciplinarian (unless there's no other option) and let the biological parent discipline their children. Research confirms that this is what children want and expect from their parents.
- » Ask for respect, but be prepared to be treated differently. Don't expect an immediate bond, it can take months and years, just try to accommodate, understand and communicate openly. Patience, good-will and humour is necessary.
- » Consider the children's ages, where they are at, what is appropriate and a potential common interest or activity. Do some research or speak to a professional and remember time, interest and effort is the key in developing your relationship with them.
- » Sit down with the children to discuss and decide together how you will address each other. Don't expect them to call you "Mum or Dad." Let them know you are not there to replace their other parent, but you will be there to support and guide them whenever they need you.

- » Allow children to have alone time with their parent, whilst you take some time out for yourself and your own interests.
- » Try not to get caught up in heated arguments, particularly with adolescent step children which is accepted a difficult time for all concerned. Walk away, and with your partners help resolve the situation by discussing it together at another time.

SEEKING MORE INFORMATION OR HELP

- » Prepare yourself for becoming a step mum or dad, educate yourself about the realities of this role. It can bring untold joy and lifelong relationships even though it's undeniably difficult at times. Read books or do a stepparent program, it can make all the difference.
- » Seek support. Join a face to face or online group so you can talk to others in the same situation. You are not alone, there are many who have experienced the same as you.
- » See an experienced practitioner that is familiar with stepfamily dynamics. They can support you and your relationship and help build your communication, emotional and parenting skills.

Where to access further information or assistance:

Stepfamilies Australia

www.stepfamily.org.au or at 03 9639 2576

Family Relationships Advice Line 1800 050 321

Lifeline 13 11 14

Raising Children www.raisingchildren.net.au

Kids Helpline 1800 55 1800 or

www.kidshelp.com.au

My Mob App – positive family based app and communication tool to help you stay connected no matter where your family members and children – go to www.mymob.com

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drummond
street services
walking for life



Stepfamilies Australia
Strengthening Stepfamilies

Parents and Friends Committee



SCHOOL CANTEEN



Lunch orders to be handed
in by Wednesday,

Volunteers are required for
this program, so if you
have anytime on a Friday
we would appreciate the
help.

P&F MEETING

Next meeting

**9.15AM FRIDAY
3RD JUNE**

New members always
welcome.

WORKING BEE

**SATURDAY 28th MAY
10am - 1pm**

**BBQ lunch will be provided at 1pm
(Please bring a salad/dessert)**

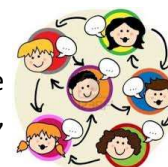
**Please bring any tools that you think
may be handy on the day!**

**THIS
SATURDAY**

CHILDREN'S CHATTER MATTERS

Children's Chatter Matters!

When you are shopping at the supermarket pick two objects and encourage you child to describe how they are the same and different. For example; Carrot/Zucchini – They are both vegetables, they are both long and skinny, but they are different colours, and don't taste the same.





Connecting With Kids

Axedale



Emotional Intelligence is the ability to identify your emotions, understand them and be in control of the way we express them.

- Do you often wonder why children do what they do?
- Would you like to learn how to help children manage feelings such as worry, frustration and anger?

Come along to this 2 hour workshop and find out more about how to use emotional intelligence to teach children about managing their feelings.



Term 2, 2016

When:	Thursday 2nd June 2016
Time:	Arrival and registration 5.45pm Session 6.00pm - 8.00pm
Where:	Axedale Primary School - High Street, Axedale 3551
Cost:	Free
Facilitator:	Linda Lynch and Jo Rodriguez (CatholicCare Sandhurst)
Childcare:	Not available



For bookings and enquiries contact Ricky Cawley (student wellbeing worker) on 5439 7232

Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged

Oral Health Screening at your School



Community Dental Services at Bendigo Health is sending a team to your school to conduct Oral Health screening for students.

The screening team is made up of a fully qualified Oral Health Therapist, who works for Bendigo Health, and a fully qualified Dental Assistant. All members of the team have “Working with Children” checks.

We will be providing this service free of charge.

Why are we doing Oral Health Screens?

We will be looking for any signs of tooth decay or gum disease.

Up to half of kids can have tooth decay and gum disease. It can develop without any pain. If we catch tooth decay and gum disease early, we can avoid losing teeth.

What will happen in the Oral Health Screen?

During the screen visit, your child will sit in a chair, and the Oral Health clinician will look in their mouth with a sterile mouth mirror and light.

They will be looking for any signs of tooth decay or gum disease. It will take about 5 minutes. We hope it will be a bright and cheerful experience for all children.

We will send a brief report home with each child, telling parents what we have found. The report is completely confidential, and the details will be kept at Bendigo Health.

If further treatment is needed, it is available free of charge for eligible children, at Bendigo Health.

The oral health screening visit does not replace a full examination at a dental surgery, but it is a good way to check for any early signs of dental disease.

Fluoride treatment for teeth at risk

Fluoride varnish is used for teeth at risk of tooth decay. The varnish is applied using a brush and painted onto teeth of concern. The procedure takes approximately 2 minutes. If you do not wish for your child to receive this treatment please indicate on the allocated section of the consent form.

Forms are available at the school office

If you put your child's lunch order in a bag or envelope, please write the classroom on it,
i.e., FITM - 12KS - 34MH - 34MO - 56OG

CANTEEN : Friday, 3rd June, 2016

NAME:

CLASSROOM:I wish to orderserve/s

Honey Soy Chicken Wings \$3.00 ☐

Cup of Soup \$1.00 ☐

Hot Chocolate .50c ☐

Money enclosed \$

**Please return order & money in an envelope
to your classroom by Wednesday, 1st June**

NO LATE ORDERS ACCEPTED

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