

**NEWSLETTER No. 19****23<sup>rd</sup> June, 2016**

*We thank you Lord, for this term. For the challenges, the successes, and the mistakes from which we have learnt.*

*God of the ordinary be with us as we spend our time with family and friends.*

*Give us strength and courage to do what is right: to be witnesses of our faith.*

*Help us to be a practical Christian these holidays, to appreciate what others do for us, to give time and effort to help others.*

*To be peacemakers in our family.*

*Keep us safe in our activities; give us good rest and good fun. Bring us back refreshed and ready for a new term.*

*We thank you for our classmates, teachers, parents and a community that cares for us.*

*May we always be conscious of you in our lives.*

*Amen*

- Liz Tobin REC

Dear Parents,

As Term 2 comes to an end, I would like to thank everyone for their continued support of all initiatives at Holy Rosary. This first half of the year has been extremely busy yet enormously rewarding. The staff this week took time to reflect on how they feel progress is being made in regards to Behaviour and Engagement and Student Learning and Teaching. I am pleased to say that the overwhelming response was a positive one with a strong desire to remain consistent and to continue to improve in all areas.

Milestones such as mid-year holidays are great opportunities to reflect on the first half of 2016 and reset goals for the remainder of the year. I know that all staff at Holy Rosary will be doing exactly that with the students in the first week of Term 3 to ensure our students are successful in 2016.

Over the past two days, our teachers have been very busy planning the units of work and Scope and Sequence for Term 3. Enabling staff to have this time at the end of each term ensures a flying start in week one and gives the students clear direction for their learning. As I always do, I thank the staff for all that they do to ensure Holy Rosary School is delivering the very best education to its students.



### **Holiday happenings**

Over the holiday period there will be a lot of activity around the school.

- **De-clutter of the school.**

As part of the VRQA review that Holy Rosary will undergo on August 10<sup>th</sup>, the school requires a thorough de-clutter of old resources and 'collectables' that have been around the school for many years. Our staff are aware of the need to reuse any resources that we have, however there is a need to also clear out a lot of 'stuff'. Thanks to many of our staff who are prepared to come in on Thursday 7<sup>th</sup> July to undertake this task. Several parents will also be in on that day to de-clutter the O'Dee and canteen.

**Stay tuned for info on our annual grants program opening Monday 27<sup>th</sup> June!**

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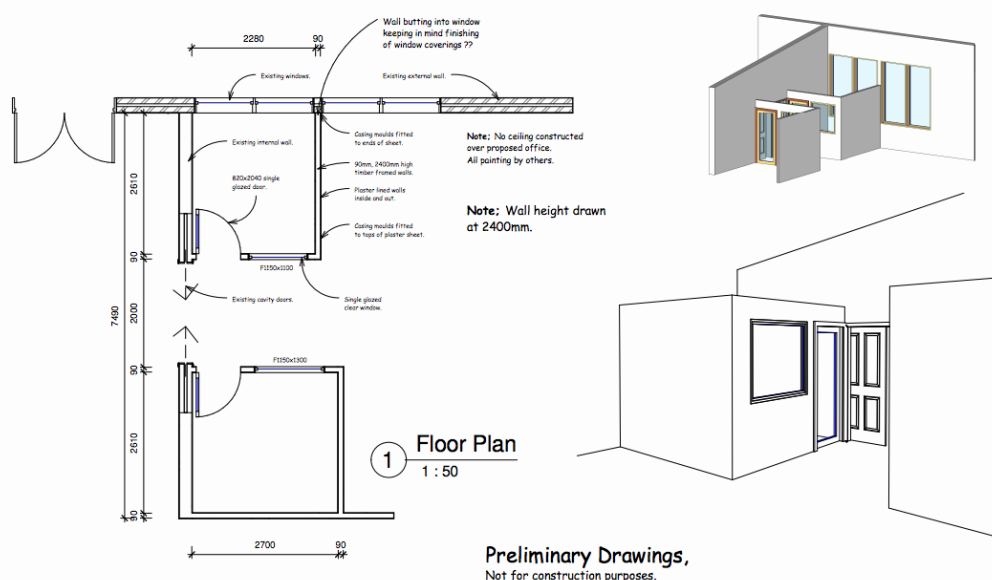
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- **Construction of office space within the library will be completed**

Two small offices will be created within the library that will give the staff much needed meeting rooms. Services such as Chaplain, visiting specialists, staff planning, parents meetings etc. will now be able to be carried out in a designated space. Thank you to Prue Harris for directing the movement of shelving etc. in the library to make way for the works.



- **A child safe car park and drop off zone.**

You will have noticed several orange lines on the car-park surface yesterday. Several students, Eamon and I were able to measure out the new car park and draw it on the surface. This plan was developed by the School Board and passed at our last meeting. The new design will incorporate a drive through/ drop off/ pick up lane as well as designated car parks, walking paths, long vehicle/ trailer parking and pedestrian crossings. This newly designed car park will be in place for the first day of Term 3. A plan is attached and points to consider are below and I would ask all families to familiarise themselves with the plan before Monday 11<sup>th</sup> July.

**There will be no reverse parking in the new design.**

**A few points to consider with the new design:**

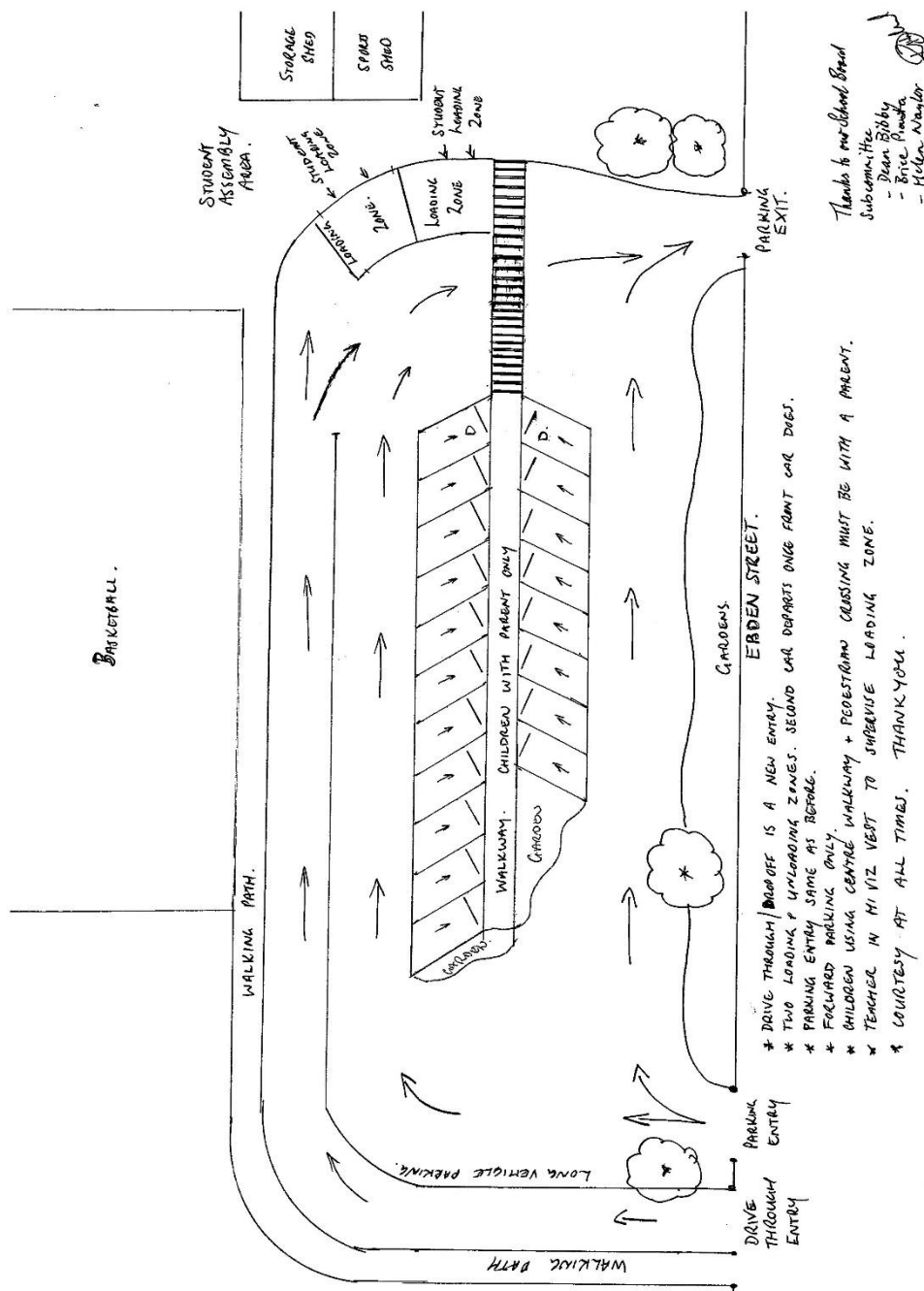
- There is a designated (new) gateway entrance to the drop off lane.
- There will be two designated (marked) drop off zones and students can disembark or load from both zones, however the second car does not move on until the first car has moved.
- The drop off zone is open from 8.30am – 8.45am when a staff member will be present
- The pickup zone will be open from 3.15pm – 3.30pm when a staff member will be present.
- If you are in the drop off lane and the teacher on duty notices that your child/ children are not assembled yet, you will be asked to drive through and come around again.
- Speed limits of 10 km/h will be monitored.
- Safety of all people, cars and property is paramount in this new design.
- Families who park in the central car parks are to accompany their child/ children across the pedestrian crossing in the morning, and are to collect their children from the assembly area after school.
- No child is to cross the pedestrian crossing unaccompanied.
- Please take extra caution in the first few days as we get used to the system. Patience will be appreciated from all.

Under new Child Safe legislation, it is law that children at our school leave the school as per the rules of the school. As of Week 1, Term 3 students from Holy Rosary will only depart the school via:

- Bus at 3pm supervised by a teacher.
- School Crossing at 3.20pm supervised by a teacher
- Drive through/ Pick up 3.15pm supervised by a teacher
- Collected from the assembly area 3.15pm and depart from the car-park designated parking lot or walking path.
- Students will only arrive at school either by bus, via the crossing, from the drop off zone or accompanied by a parent from the car park or walking park.

To ensure that our school is compliant with these very important laws, I ask all parents to respect this request and to abide by these rules.

**Draft plan of the new 'child safe' car park.**



### Other Notes

School finishes at 2.15pm on Friday 24<sup>th</sup> June and students will return on Monday 11<sup>th</sup> July.

New enrolments are being taken for Holy Rosary and new families are asked to contact the office to arrange an interview in the first two weeks of Term 3. If you know of a family who is intending to enrol their child at Holy Rosary, please pass on this newsletter to them.

Our Transition/Flying Start Program for new Foundation students begins on Monday July 18<sup>th</sup> 8.45am – 10.45am.

I trust you and your family have a fantastic holiday full of adventures and for the students much writing, storytelling and reading, while getting out and about when the weather allows.

Yours sincerely,



Paul Dullard  
Principal

### IMPORTANT DATES FOR 2016

#### JUNE

Friday 24<sup>th</sup> - Last Day Term 2

#### JULY

Monday 11<sup>th</sup> - First Day Term 3



### Melbourne Football Club Visit

Yesterday was a wet day, but there was a hint of sunshine when the Melbourne Football Club visited Holy Rosary Heathcote. The Grade 3 - 6 students were introduced to Jack Trengrove, Aaron Vandenberg, Sam Frost, Dean Kent and Joel Smith from the Melbourne Football Club.

We took two different sessions one for both 3/4 classes and one for the 5/6 class. The 5/6 class was the last one and we did some fun activities. The first activity was running around to the student leaders in the corners of the square made out of cones and do an exercise. Their was a different exercise for each student and we were trying to do it fast.

After that, we were split into two groups of nine. In my group we firstly did small kicks to ourselves then we picked a partner and would kick to them. Riley and I were together and we had few good kicks and I had a few wonky ones. For the next group we ran around and bounced our own football and when the student leader said "hand pass" we would hand pass the closest person your own ball. When we finished we went into the O'Dee and asked the football players questions like "What got you into football?" or "Do you have a family?" and "What's your workout?" It was a great session - *By Zavia Roberts (56OG)*





### Head Lice

We have reports of Head Lice in some classrooms. Many head lice do not cause an itch, so you have to look carefully to find them. We ask all parents to please check their children's hair regularly, especially at change of seasons, and treat if necessary. Once hair has been treated, children can be returned to school. Anyone can get head lice and given the chance head lice move from head to head without discrimination (washed or unwashed hair, it does not matter). Children get head lice from direct hair to hair contact with another person who has head lice. This can happen when children play, cuddle or are working close together. They do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.




### Children's Chatter Matters



9. After reading with your child, get him/her to describe something from the book using the five (5) senses to guide i.e. what it... *looks* like / *feels* like / *smells* like / *tastes* like / *sounds* like. You may need to prompt your child with questions and brainstorm different words together.

E.g. Birthday Cake: Looks – round and can be different colours, though is usually brown. Feels – spongy, soft, and moist. Smells – So good, it makes your mouth water. Tastes – sweet and yummy.



## Connecting With Kids

### (using Emotional Intelligence)

Heathcote



Come along to this workshop and find out more about how to use emotional intelligence to teach children about managing their feelings.

Emotional Intelligence is the ability to identify your emotions, understand them and be in control of the way we express them.

- Do you often wonder why children do what they do?
- Would you like to learn how to help children manage feelings such as worry, frustration and anger?



#### Term 3, 2016

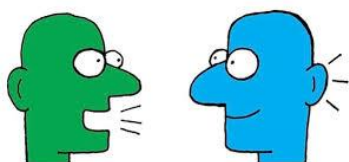
<b>When:</b>	Thursday 21st July 2016
<b>Time:</b>	Arrival and registration 9.45am Session 10.00am - 12.30pm (30 min morning tea break at 11am)
<b>Where:</b>	Heathcote Primary School, 31 Herriot Street, Heathcote 3523
<b>Cost:</b>	Free
<b>Facilitator:</b>	Jo Rodriguez
<b>Childcare:</b>	Provided



**For bookings and enquiries phone Megan Haddon on 5433 3090**

Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged

# Strong Relationships are Built on Healthy Communication & Understanding



People communicate all the time, but communicating well – especially with those we are close to – takes thoughtful, ongoing effort. In close relationships, it is important to be able to communicate effectively about feelings, needs and wants as well as about ideas and opinions. The most important part of effective communication is listening. Children as well as adults will talk more if they are confident they will be listened to.

- **Make the most of opportunities to talk**

Talking about everyday things helps family members feel connected. It builds trust and makes it easier to ask for and offer support. Making time to listen and show your interest encourages family members to talk and helps you understand how they think and feel. Listening actively helps to build relationships and communication skills.

To get children to talk more, notice the times when they do talk. Often this is while doing everyday things like household chores or while playing games together. Use these relaxed times to get a conversation going with them. Similarly, it is important to make sure that the adults in the family have relaxed times to talk together.

- **Take extra care when talking about problems**

Communication can get complicated when difficult feelings are involved. For both children and adults, talking about things that are bothering them is often hard. When family members feel supported and safe, difficult issues can be addressed more effectively. Tune into feelings and take a caring approach.

Asking how the other family member feels and listening non-defensively allows you to work together to solve problems. Blaming, judging or criticising will quickly shut down real communication and very often leads to arguments. Listening well to others and explaining your own feelings and views (e.g., “I’m disappointed that...”; or “I’m upset that ...”) rather than accusing others (“You don’t care...”; or “You’ve upset me...”) helps to defuse arguments and supports effective communication.



- **Avoid escalating conflicts**

In any family there are bound to be conflicts and arguments. When conflict is handled constructively, it can help to strengthen relationships. However, angry clashes and harsh words can lead to hurt feelings and cause damage to relationships.

If you find that anger is getting in the way of being able to see the other person’s point of view, take time out to calm down (e.g., go for a walk, or do some active relaxation such as deep breathing) before trying to deal with the issue. Making angry accusations about the other person will very likely escalate the conflict. Own your own feelings (e.g., “I’m really disappointed and angry about this mess”) rather than attacking others (e.g., “You’re always so selfish”).

- **Repair damage and rebuild relationships**

In any family, as in any close relationship, feelings will get hurt. You may say things in the heat of the moment that you do not mean or wish you had not said. Being ready to apologise, to listen to how the other person feels and to show you appreciate their position is a critical skill for building strong and supportive family relationships.

*Taken from Kids Matter website*

## SCHOOL CANTEEN



## IMPORTANT REMINDER

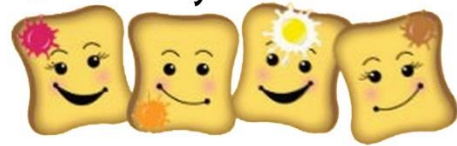
**No lunch orders** will be served in the first week of Term 3.

Our **new lunch program** will start in Week 2 of Term 3.

Lunches will be provided as part of our free lunch program, however you still need to hand in an order form by the Wednesday.

Drinks can be purchased for \$2 & snacks for \$1. (These items do not need to be ordered)

## Breakfast Club



There will be **NO** Breakfast Club in Week 1 of Term 3

Breakfast club will resume in the Week 2 of Term 3.

**24TH JUNE**

Get your onesies on.... Its PJ day!!!



Wear your favourite PJs to school on the last day of term.

**PJ Day**

A movie will be shown in the O'Dee at lunch time with popcorn, cookies and hot chocolate.

**Gold coin donotation**  
Slippers may be worn in class but shoes are required for outside.

## P&F SECRETARY POSITION OPEN

We would like to thank Catherine Lonergan for her contribution to the P&F. Unfortunately due to other commitments, Catherine has resigned from the role of P&F secretary.

If you are interested in joining the Parents & Friends Committee either as a general member or to fill the Secretary Position please contact one of the P&F Committee members below.

Nominations must be handed into the office by 13th of July and position will be announced on 15th July.

# ADVERTISE HERE

Please contact Amber on 0401 252 201 if you would like to discuss advertising in the school newsletter

### COMMITTEE MEMBERS:

President - Sally Pitt  
Vice President - Amber Tavinor  
Treasurer - Sharon Bibby  
Assistant Treasurer - Sian Virgona  
Secretary - Position Open  
Board Rep - Natalie Craig

General Members-  
Fiona Bradshaw  
Heidi Conway  
Helen Naylor  
Leanne Slee  
Michelle Gyton-Taylor  
Michelle Scoble