HOLY ROSARY SCHOOL HEATHCOTE

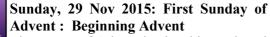
18 Pohlman Street, Heathcote (P.O. Box 61) Tel. No: (03) 5433 2057 : Fax. No: (03) 5433 2601

Email : principal@hrheathcote.catholic.edu.au

Registration No. 1252

NEWSLETTER No. 37: 26th November, 2015

Dear Parents,



The season of Advent begins this week and continues through the four Sundays of Ad-

vent and ends at Christmas Eve. The first week of Advent focuses on the return of the Lord and the following weeks focus more specifically on the anticipation of the birth of Jesus. Rather than simply commemorating an historical event, Advent is a time of preparing our hearts to 'receive' Jesus into the world each year. Advent is traditionally marked by the colour of violet – the same colour as used in Lent. In recent years, some parishes have moved to a more blue/mauve colour for Advent to try to distinguish it from the season of Lent.

Peace and Best Wishes Noel Dillon Principal

GRADE 6 ORIENTATION DAY - CCB TUESDAY, 1ST DECEMBER

Parents of Gr.6 students enrolled at CCB for 2016 should have received a letter outlining procedures for next year.

Students who have lodged an application for country bus travel are deemed eligible to travel on Orientation Day.

Information regarding times/bus stops has been sent home today.

UNIFORM SHOP

The shop will be open on a Monday straight after assembly and also each Thursday.

Students should now be in summer uniform BOYS GIRLS

School polo shirt School windcheater Grey shorts (**NO CARGO**) Black shoes or sandals Grey ankle socks School hat School windcheater Blue/White check dress Black shoes/sandals White ankle socks School hat



The shop will be open until 1.30pm on Transition Day. Orders can be placed on the day and

picked up on Wednesday 27th January, 2016

GRADE STRUCTURES / TEACHERS FOR 2016

Foundation/Gr. 1	:	Tania Malavisi
Grade 1/2	:	Kellie Scott
Grade 3/4	:	Mikayla Hogan
Grade 3/4	:	Lauren Mitchell
Grade 5/6	:	Ollie Geary

CLASS PLACEMENTS : 2016

Our staff is working on class lists for 2016. There are many factors to consider in this process. Teachers spend many hours to ensure your child is placed in the best learning environment possible. The process will be completed shortly and notified to the children on our Orientation Day on Tuesday, 1st December.

END OF YEAR MASS AND AWARDS NIGHT

Our awards night will be included in our End of Year Mass. This will be held on Wednesday, 9th December at 6.30pm at the Church. On the night, our major awards will be presented and we will also have a chance to farewell our Grade 6 graduates.

The mass will be followed by a cuppa in the O'Dee and a tribute to the Grade 6 graduates.

The last day of term for students is Wednesday, 16th December. Finishing time is 3.15pm



ORIENTATION DAY TUESDAY, 1ST DECEMBER

On this day, students will be in their class and with their teacher for 2016.

Students will assemble as normal in this year's class from 8:45am-9:00am. They will then move at 9:00am to their new classroom for 2016. Children will stay in their 2016 class until 1:30pm.

On Orientation Day, our new Principal, Paul Dullard will be visiting the school. A cuppa will be set up in the O'Dee from 9.00am for new and existing families to meet Paul.



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TERM 4 DATES FOR 2015

November
Monday 30 th

Swimming begins Spirit of ANZAC Centenary Bendigo 5/6

December Tuesday 1st Wednesday 2nd Wednesday 9th Friday 11th Saturday 12th Wednesday 16th Thursday 17th Friday 18th

Orientation day and last session Transition Grade 5 Caritas Leadership Day Graduation mass 6.30pm Swimming Sports **Christmas Carols** School year ends for students - 3.15pm Planning Day at School Last day of term for Staff

SWIMMING

Our swimming program will begin on Monday, 30th November and continue until Friday, 11th December

The grade 5/6 will miss Monday, 30th November, as they will be attending the Spirit of Anzac display in Bendigo.

There will be no swimming on Tuesday, 1st December for all grades due to Orientation Day

The grade 5's will miss Wednesday, 2nd December, as they will be attending the Caritas Leadership day at St. Francis in Strathfieldsaye.

Children will be taken by bus to and from the pool. Further details will be sent home regarding the swimming sports on Friday 11th December.

The timetable for swimming will be;

Juniors (Foundation, Grades 1 & 2) Depart school at 12:45pm Session from 1.00pm -2:00pm Return to school.

Seniors

Depart school at 1:45pm Session from 2.00pm - 3:00pm Return to school

MJR is 24/7 Making Jesus Real (MJR) Winners and Grinners



MIR leads us to be 'winners and grinners' rather than 'moaners

and groaners', to look for positives in each day, and to make sure we let others know how much we appreciate them in our lives, and how to pass on the Good News each day.

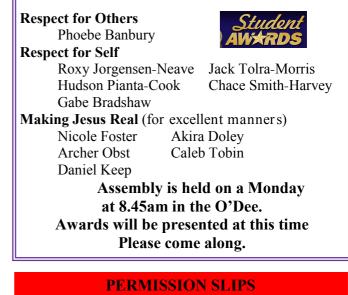


CHILDREN'S **CHATTER** MAT-TERS

Calendar Putes to Remember

In each weekly newsletter this year, our school's Speech Pathologist provides some "family friendly", fun oral language tasks aimed to enhance learning and literacy skills.

Have a box of different items collected from around the house e.g. items found from the playroom, the kitchen, the bathroom and or the bedroom. An object is picked out of the box and is named, the next person must supply another word that is related to it. The game continues until a player get stuck and cannot think of another word. Ask your child to justify how the word are related also - the relationship between the word may not be immediately obvious until they explain it.e.g. Pig - Sheep - Cow (all farm animals) - flamingo, galah (all pink)



Would the Grade 5/6 students please return their permission slips for next **Monday and Wednesday**

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As the school year comes to an end, there is so much planning underway for the year ahead. The Uniform shop has had a changing of the guard as Natt Craig steps back to take a much earned break. As the incoming Uniform Shop Representative, I would like to sincerely thank Natt for all her hard work and dedication to this role over the past few years.

Natt has played a key role in sourcing the best value for money uniforms for us all, and has kept options available for us to keep our kids in uniform. Thank you Natt, we appreciate it very much.

As this year draws to an end, we are ordering stock now to ensure the students are set to go come 2016. We are currently awaiting the arrival of size 6 and 8 summer dresses, but have plenty of most everything else in stock, so please come in and see me Monday after assembly to get your childs/childrens uniforms organized. At this rate, it will be here before you know it.

School Dress	\$17 (size 6/8 on back order)	Sports Skorts	\$14
Summer polo	\$17	Grey Shorts	\$14
Sports Shorts	\$14	School Bag	\$40
Hat	\$12	Art Smock	\$10

Order forms are also available at the office.

Fiona Bradshaw

Attached is part of the Royal Life Saving National Drowning Report, and is available from: <u>http://www.royallifesaving.com.au/__data/assets/pdf_file/0006/14559/RLS_NDR2015_Report_LR.pdf</u> which highlights the importance of swimming and water safety education for all Australian kids.

Swimming skills, particularly among children are fundamental to every individual's safety and overall motor skill development. As a sport, swimming caters for all people of all ages and abilities.

Learning to swim has many benefits for our children. It is great for their health and well being, it enhances their self -esteem and, importantly, teaches them a respect for water. As we approach Summer, it is important that we prepare our children through swimming and water safety.

The swimming program is an important part of the curriculum at Holy Rosary and includes not only swimming lessons, but also water safety. We ask that as parents you support our program by ensuring that your child participates in the swimming program, which will run from Monday 30th November to Friday 11 December.

Each day the Foundation to Grade 2's will attend the pool from 1:00pm to 2:00pm. Grade 3 to 6 will attend from 2:00pm to 3:00pm.

The Carnival Day will be held on Friday 11th, where the children will be participating in a number of swimming events throughout the afternoon. The carnival will begin at 1:00pm and conclude at about 3:15pm, when students will be dismissed from the pool. It is hoped that as many families are able to join us for this event. Again, it is expected that ALL children will participate.

On swimming days we ask that students have adequate food and drink as well as hat, bathers, towel, and any other items (such as goggles) <u>clearly labeled</u> so as to avoid loss.

Please note, upon enrollment your child/ren have been granted permission to undertake our program. This included medical information. If any of these medical details have changed, please advise the front office as soon as possible.

If anyone is able to assist at any time during the swimming program, could they please see Noel or Brent.

Thanks Mr. A.

IF YOU ONLY DO ONE THING THIS FIRE SEASON

Speak to CFA Saturday 12th December at Costerfield

What:	Free Fire Ready Safety Information Session
Where:	Costerfield Hall - Nagambie Road, Costerfield
When:	2:00 PM to 3:00 PM, Saturday 12 th December 2015

Find out: Must-have fire information for this season

For more information:

Contact CFA District 18 Office (1800 820 118)



Please note that CFA postpones all community meetings when the Fire Danger Rating is Code Red, Extreme or Severe.

FireReady

cfa.vic.gov.au/meetings



Smart – remember your hats!

Our Holy Rosary Sun Smart Policy notes that all children will be required to wear school

hats during Terms 1 and 4 whenever they are outside for protection.

Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.

Parents will be encouraged to model Sunsmart behaviour when participating in school functions that are held outdoors.

When the UV Index is 3 and above:

- 1. Slip on sun-protective clothing
- 2. Slop on SPF30+, broad spectrum, water resistant sunscreen - put it on 20 minutes before you go outdoors and every two hours afterwards
- 3. Slap on a hat that protects your face, head, neck and ears
- 4. Seek shade
- 5. Slide on some sunglasses make sure they meet Australian Standards.

From September to April, just a few minutes of UV exposure to the face, arms and hands or equivalent area of skin should be enough for most people to maintain vitamin D levels. However people with naturally very dark skin may need 3 to 6 times the exposure level. For the times of the day that sun protection is needed, check the SunSmart UV Alert in the weather section of daily newspapers or at www.sunsmart.com.au. During the day live UV levels for Melbourne can he found at www.arpansa.gov.au. Particular care should be taken between 10.00am and 2.00pm (11.00am and 3.00pm daylight saving time) when UV Index levels reach their peak.

STUDENT ABSENCES

Please contact the school by 10.00am if your child is not attending school for the day. On returning to school, students must bring a signed, written note explaining their absence and give it to their classroom teacher. Notification can also be made via the school phone app.

NEWSLETTER No. 37: 26th November, 2015

LIFE STAGE IN FOCUS: CHILDREN AGED 0-14 YEARS

CHILDREN AGED 0-4 YEARS

CHILDREN AGED 0-4 TEAKS There were 26 children between the ages of 0 and 4 years who drowned in Australia between 1 July 2014 and 30 June 2015. This is an increase of 6 drowning deaths (or 30%) on last year's total of 20 drowning deaths. It is however a reduction of 4 deaths (or 13%) on the 10 year average of 30 drowning deaths (Figure 22).

Males accounted for 58% of drowning deaths in children under five in 2014/15. Swimming pools were the leading location for drowning in this age group, accounting for over half (54%), almost three times that of the next most common location. The category of lake / dam / lagoon was the only location to record an increase against the 10 year average (Figure 23).

Falls into water accounted for the vast majority of drowning deaths in this age group (81%). This was followed by bathing which claimed the lives of three children in 2014/15.

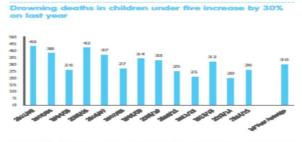


Figure 22: Drowning Deaths of Children 0-4 Years, 2002/03 to 2014/15, 10 Year Average

Thirteen percent decreas Pools in 2014/15

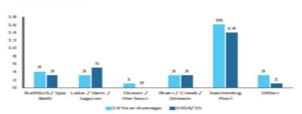


Figure 23: Drowning Deaths of Children 0-4 Years by Location, 10 Year Average, 2014/15

CASE STUDY: ACTIVE SUPERVISION

Active adult supervision is essential in protecting your child from drowning. In all cases of drowning in children under five, supervision was either intermittent or lacking altogether. Active supervision means that a child is being constantly watched by an adult who is within arms' reach at all times. All of your attention should be on the child and you should never leave a child alone, or in the care of an older child, when they are in, on, or around the water.

The key elements of Active Supervision are: Be Prepared, Be Within Arms' Reach, All of Your Attention, and All of the Time

Supervision is one of four key strategies to prevent child drowning that are promoted by Royal Life Saving's Keep Watch program. The other actions are restricting access to water, water awareness and resuscitation.

For more information on the Keep Watch program please visit www.keepwatch.com.au

THE PERFECT CHRISTMAS PRESENT



18

Over the term our children have been working together in family groups to create some amazing artwork for us as 2016 calendars.

These calendars include not only your child/ children's beautiful artwork, but also key school dates for next year and are on sale of \$10.00 each

Orders and money must be received by **next Thursday, 3rd December**. So do not miss out on the perfect Christmas gift.

2016 CALENDAR ORDER

Surname

No of calendars

Total \$(\$10.00 ea)



NEWSLETTER No. 37: 26th November, 2015				
CANTEEN : THURSDAY, 3rd December, 2015 Sandwich selection! (6 points)	CANTEEN : THURSDAY, 3rd December, 2015 Sandwich selection! (6 points)			
NAME:	NAME:			
CLASSROOM:I wish to orderserve/s	CLASSROOM:I wish to orderserve/s			
 Chicken & Mayo * Egg & Lettuce Ham & Chutney * Salmon & Cucumber Curried Egg * Cheese 	 Chicken & Mayo * Egg & Lettuce Ham & Chutney * Salmon & Cucumber Curried Egg * Cheese 			
Cost: \$4.00 PER SERVE	Cost:\$4.00 PER SERVETreat :\$1.00 extraIcy Poles :\$1.00. extra			
Treat : \$1.00 extra Icy Poles : \$1.00. extra				
Money enclosed \$	Money enclosed \$			
Please return order & money in an envelope	Please return order & money in an envelope to your classroom by Wednesday, 2nd December NO LATE ORDERS ACCEPTED			
to your classroom by Wednesday, 2nd December				
NO LATE ORDERS ACCEPTED				
CANTEEN : THURSDAY, 3rd December, 2015 Sandwich selection! (6 points)	CANTEEN : THURSDAY, 3rd December, 2015 Sandwich selection! (6 points)			
NAME:	NAME:			
CLASSROOM:I wish to orderserve/s	CLASSROOM:I wish to orderserve/s			
 Chicken & Mayo * Egg & Lettuce Ham & Chutney * Salmon & Cucumber Curried Egg * Cheese 	 Chicken & Mayo * Egg & Lettuce Ham & Chutney * Salmon & Cucumber Curried Egg * Cheese 			
Cost: \$4.00 PER SERVE	Cost: \$4.00 PER SERVE			
Treat : \$1.00 extra	Treat : \$1.00 extra			
Icy Poles : \$1.00. extra	Icy Poles : \$1.00. extra			
Money enclosed \$	Money enclosed \$			
Please return order & money in an envelope to your classroom by Wednesday, 2nd December	Please return order & money in an envelope			
NO LATE ORDERS ACCEPTED	to your classroom by Wednesday, 2nd December NO LATE ORDERS ACCEPTED			



Breakfast as usual on Thursday, 3rd December : 8.00 - 8.30am in the O'Dee