

HOLY ROSARY SCHOOL HEATHCOTE

Registration No. 1252

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Lord our God, we thank you that we have often felt you close to us.

We thank you that you are near us and that you strengthen the weak.

Remember us and give each one the help he needs to be true to his calling.

Remember all humankind and grant that we may go forward in spirit and in truth.

Give new light to the peoples who are still in great darkness.

Let your kingdom and your reign be revealed and your name at last be honored by all.

Amen.

- Liz Tobin REC

Dear Parents,

Finally this week we have begun to see a bit of sunshine. Our days will begin to get longer as we move towards August. I've always looked out for the emergence of the first wattle as it is a clear sign that we have moved through the coldest of Winter and into the warmer days.

Here at Holy Rosary it allows our playground to dry out a bit and gives us greater access to all areas.

SCHOOL BOARD

On Monday evening, the school board met for a special meeting where we looked at policies for the school that have been reviewed in light of our upcoming Whole School Review. The board also updated their plan of action for 2016. I thank the board for their commitment and support of our Whole School Review.

CHILD SAFE CAR PARK

One of the major tasks of the school board this year has been the design and construction of our new Child Safe Car Park. The spaces and driveways in the new car park are all to Australian Design Standards. The board has indicated from the very outset that the new car park is in trial mode for all of Term 3. The opportunity to tweak the plan and layout is available due to the space we have and the fact that we have only temporary fencing.

I am very grateful to all parents who are using the drop off and pick up zones as well as the designated car parks. The new design has been in action for 8 days and has received many positive comments from staff, children, parents and visitors. Of course, a change in the way we do things always presents challenges and I am also grateful to all who have respectfully offered their ideas on how the car park can be improved.

The safety of all our children and all that are in our school is the most important reason for the new car park design. That children are able to load and unload from their car in a safe and supervised place has improved the efficiency and compliance of our school. The car park has also allowed families to arrive and depart school in a prompt way.

In the feedback that I have received there has been a concern about the number of designated car parks and that at peak time we may be short numbered. The school board will take this information on board and in the next few weeks address the issue as they see fit. Once again this can be done due to the trial period we are currently in.

If you feel that you would like to respectfully provide input into the new design, please drop a note in to Kate or Liarna in the office or drop me an email.

As always, the school board encourages the community to contact them if they have any issues or wish to make a recommendation (or a compliment). The best ways are to drop a note into the office or write directly to the board through a P &F member or through myself.

TRANSITION FLYING START PROGRAM

On Monday it was a great occasion to welcome most of our 2017 Foundation class to Holy Rosary. Each and every one of them was comfortable in the group and all of the mums and dads were well behaved and not too upset.

The new group of students will attend Holy Rosary every second Monday for Term 3 and will get to know their new classmates, other students and the teachers.

Mrs Tobin puts an enormous amount of work into these days to ensure they are successful. Thanks Liz.

THIS WEEK:

We had Mrs Julie Cobbledick meet with our school leadership of Miss Mitchell, Mrs Tobin and myself. Julie guided us through the next phase of our preparation for the upcoming Whole School Review.

Julie also invited Mr Peter Tegolove Principal of St Joseph's PS, Rochester to share his experience of the review process.

Our review is 10th August and 17th August and from all indications, we are right on track to be fully prepared for the day.

On Tuesday, our Parents and Friends Executive met to plan for the next two terms of 2016. I thank Leanne Slee for nominating as Secretary of the group and congratulate the committee for accepting the nomination.

On Wednesday evening, all Holy Rosary staff attended a workshop for Child Safe Standards at St Francis of the Fields. The focus was on how our schools can provide a safe and nurturing culture for all children and young people in their care through:

1. Upholding the primacy of the safety and wellbeing of children and young people.
2. Empowering families, children, young people and staff to have a voice and raise concerns.
3. Implementing rigorous risk-management and employment practices.

Today Mrs Malavisi, Mrs Tobin and myself worked closely with Frances Browne from the CEO to develop our action plan around these standards as well as further develop our Behaviour and Engagement Framework. Fran will continue to work with us in this area for the rest of the year.

Today Miss Mitchell and Mrs Scott are attending a Reading Comprehension workshop in Ballarat. This day is part of our planned professional learning around our focus of Reading Comprehension. Both Lauren and Kellie will report back to the teaching staff next Monday at our Professional Learning Communities and the staff will take on any new initiatives or strategies.

Digital Newsletter: Our newsletter is now delivered by email/website & Skoolbag App. Thank you to those who have requested a hard copy it will be distributed on a Friday.

Working with Children Checks.

WORKING WITH CHILDREN CHECK



It is now an expectation that all parents who are involved in activities at school functions have a **Working With Children Check**. This applies to all parents who help out in classrooms, the canteen, go with the students on excursions and are involved with any sporting events.

The form can be downloaded on the internet. The school needs to keep a record of these so I would be grateful if they can be handed into the office as soon as possible.

Yours Sincerely

A handwritten signature in black ink, which appears to read 'Paul Dullard'.

Paul Dullard

HELP NEEDED TO CONTACT BOOKS FOR THE LIBRARY....

The library has recently purchased some new books that the students have been keen to read. The books have been catalogued, but we need some very kind helpers to contact the books to help protect them. If you are able to help in anyway, please see me at school on Tuesdays.

Many thanks, Prue Harris

Grant applications close Monday 25th
July! Apply online at
www.bendigobank.com.au/foundation

Bendigo and Adelaide Bank Limited, ABN 11068049178 AFSL/Australian Credit Licence 237879. S48951-10

Heathcote & District
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bendigobank.com.au/heathcote

IMPORTANT DATES FOR 2016**FAREWELL FATHER ANTONY**

Come farewell Father Antony

On Sunday July 24th

Mass 10am followed by

BBQ Lunch at O'Dee Centre

ALL WELCOME**Head Lice**

We have reports of Head Lice in some classrooms. Many head lice do not cause an itch, so you have to look carefully to find them. We ask all parents to please check their children's hair regularly, especially at change of seasons, and treat if necessary. Once hair has been treated, children can be returned to school. Anyone can get head lice and given the chance head lice move from head to head without discrimination (washed or unwashed hair, it does not matter). Children get head lice from direct hair to hair contact with another person who has head lice. This can happen when children play, cuddle or are working close together. They do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

**PARENTS PAGE**

How to get kids eating vegetables

Everyone knows that vegetables are good for you. Many parents earnestly strive to ensure their children eat them every day – sometimes with little success. In light of this all-too-common challenge, parents often ask for tips on getting kids to eat more vegetables.

What you need to get kids eating vegetables

Perhaps the most important factor to consider is your own attitude and approach towards eating in general.

Avoid forcing your children to eat vegetables – or any other food for that matter. Encourage children to try a spoonful, but don't get upset if they refuse it. Eventually, they will try it, so keep reintroducing various foods from time to time.

Even young children can learn why nutrition is important. You can simply say: 'They taste good and make you healthy, big and strong.'

Eating more vegetables: some other tricks of the trade

PARENTS PAGE CONT.....

- Add extra vegetables to meals by mixing them into foods or adding them as a side dish.
- Set out a plate of raw vegetables or a salad of cold, cooked vegetables before the meal – the time when your child is hungriest.
- Keep a bowl of cherry tomatoes or baby carrots in the refrigerator for a quick and handy snack. (Of course, you'll want to take into account the fact that these foods can be potential choking hazards for toddlers and preschoolers.)
- Serve raw or lightly steamed vegetables with salad dressing or dips such as hummus or tzatziki.
- Make mashed sweet potatoes instead of white potatoes – sweet potatoes contain lots of vitamin A.
- Let children make their own tacos with shredded lettuce, tomato, ground turkey and a little cheese.
- Try not to overcook vegetables. Light cooking preserves taste, bright appearance and valuable [vitamins](#).
- Help make your child familiar with vegetables. Serve them every day.
- Prepare meals together – for example, younger children can wash, and older ones can chop vegetables for stir-fry dishes and salads.
- Let your child help choose fresh vegetables when you're shopping.
- Plant a vegetable garden with your child. Or just put a small cherry tomato plant in a pot in a sunny spot in the yard.

Most important, set a good example. Remember that your actions will speak louder than words. Besides, parents need their vegetables, too!

How to get more vegetables into your family diet

If your child rejects a lot of vegetables, try slipping them into food by:

- making muffins with your child and adding pumpkin, zucchini or shredded carrots to the muffin mix
- tucking a lettuce leaf, a tomato slice or carrot curls into sandwiches
- adding chopped spinach or a handful of frozen vegetables to soups, ramen noodles, spaghetti sauce or lasagne
- adding chopped tomato or grated carrots to tuna, chicken or pasta salads
- cooking frozen mixed vegetables according to the directions and then adding them to store-bought potato salad

PARENTS PAGE CONT.....

- making pizza with your child and adding chopped broccoli or spinach to frozen pizza or frozen bread dough topped with tomato sauce
- adding chopped broccoli or extra carrots to canned or dried chicken soup.

Whether you're choosing, preparing, cooking or growing food, getting your child involved sets up healthy eating habits for your child's life. Our [Getting Kids into Healthy Food Video Guide](#) shows you how to make healthy food quick, easy and fun – and it has top tips to get kids into vegetables too.

By Mary Silva updated by Dr Robert Needlman

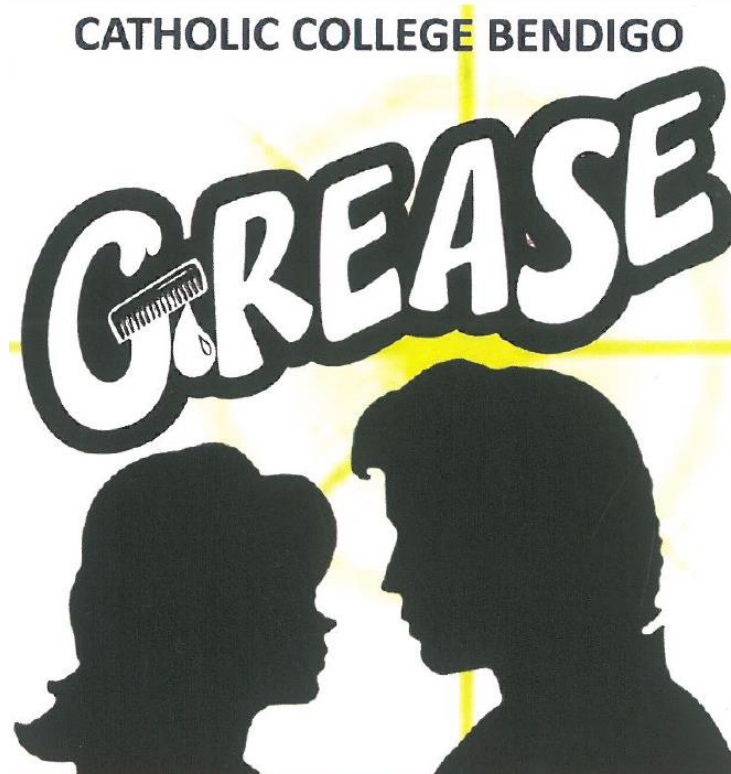
Taken from the Raising Children website 2016

Children's Chatter Matters



9. After reading with your child, get him/her to describe something from the book using the five (5) senses to guide i.e. what it... *looks* like / *feels* like / *smells* like / *tastes* like / *sounds* like. You may need to prompt your child with questions and brainstorm different words together.

E.g. Birthday Cake: Looks – round and can be different colours, though is usually brown. Feels – spongy, soft, and moist. Smells – So good, it makes your mouth water. Tastes – sweet and yummy



Adults \$30 Student/Concession \$23 Family of 4 \$80 Family of 5 \$90

August

Thursday 18th, 7.30pm Friday 19th, 7.30pm Saturday 20th, 6.30pm

ULUMBARRA THEATRE
Gaul Road

Tickets available from the **CAPITAL THEATRE BOX OFFICE** on 5434 6100
Also available online www.gotix.com.au from Monday 18th July

Parents and Friends Committee



SCHOOL CANTEEN



IMPORTANT REMINDER

**Next week's lunch will be
Spaghetti Bolognaise**

Lunches will be provided as part of our free lunch program, however you still need to hand in an order form by the Wednesday. Drinks can be purchased for \$2 & snacks for \$1. (These items do not need to be ordered)

Breakfast Club



**Breakfast club will resume
next week**

P&F SECRETARY POSITION OPEN

We would like to thank Catherine Lonergan for her contribution to the P&F. Unfortunately due to other commitments, Catherine has resigned from the role of P&F secretary.

If you are interested in joining the Parents & Friends Committee either as a general member or to fill the Secretary Position please contact one of the P&F Committee members below.

Nominations must be handed into the office by 13th of July and position will be announced on 15th July.

ADVERTISE HERE

Please contact Amber on
0401 252 201 if you would like to
discuss advertising in the school
newsletter

COMMITTEE MEMBERS:

President - Sally Pitt
Vice President - Amber Tavinor
Treasurer - Sharon Bibby
Assistant Treasurer - Sian Virgona
Secretary - Position Open
Board Rep - Natalie Craig

General Members-

Fiona Bradshaw
Heidi Conway
Helen Naylor
Leanne Slee
Michelle Gyton-Taylor
Michelle Scoble



CECV Commitment Statement to Child Safety

A safe and nurturing culture for all children and young people in Catholic schools

The Statement is intended to provide the central focus for child safety¹ across Catholic education in Victoria, built around a unified understanding of the moral imperative and overarching commitments that underpin our drive for improvement and cultural change.

The Catholic school sets out to be a school for the human person and of human persons. The person of each individual human being, in his or her material and spiritual needs, is at the heart of Christ's teaching; that is why the promotion of the human person is the goal of the Catholic school.

(Congregation for Catholic education 1997, par. 9)

The Catholic Education Commission of Victoria Ltd (CECV) holds the care, safety and wellbeing of children and young people as a central and fundamental responsibility of Catholic education. This commitment is drawn from and inherent to the teaching and mission of Jesus Christ, with love, justice and the sanctity of each human person at the heart of the Gospel.

The CECV has a universal expectation for the protection of children. It is resolutely committed to ensuring that all those engaged in Catholic education in Victoria promote the inherent dignity of children and young people and their fundamental right to be respected and nurtured in a safe school environment. This is particularly so for the most vulnerable children, including Aboriginal and Torres Strait Islander children, children from culturally and/or linguistically diverse backgrounds, and children with a disability.

Catholic schools have a moral, legal and mission-driven responsibility to create nurturing school environments where children and young people are respected, their voices are heard and where they are safe and feel safe. When allegations of abuse concerning children and young people are raised, Catholic schools will take prompt action to have these appropriately referred and investigated. While the context and reality at each Catholic school will differ, the fundamental issues of understanding effective practices in child safety and identifying and responding to child harm remain the same. All schools must strive for continual improvement that is responsive to emerging thinking, evidence and practice, so as to eliminate the possibility of abuse occurring in the first place.

Creating child-safe school environments is a dynamic process that involves active participation and responsibility by schools, families and their communities. It is marked by collaboration, vigilance and proactive approaches across policies, procedures, curriculum and practices.

Every person involved in Catholic education has a responsibility to understand the important and specific role he/she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

¹As defined by the Victorian Government Special Gazette No. 2 (2016), 'children and young people' in this document refers to those children and young people enrolled as students in Catholic schools in Victoria.



The CECV commits to providing **a safe and nurturing culture** for all children and young people in Victorian Catholic schools through:

1 Upholding the primacy of the safety and wellbeing of children and young people.

At all times, the ongoing safety and wellbeing of all children and young people will be the primary focus of care and decision-making, with particular attention paid to the cultural safety of Aboriginal and Torres Strait Islander children and children from culturally and/or linguistically diverse backgrounds, as well as the safety of children with a disability.

To create and maintain a safe and nurturing culture, schools will actively and continually develop and review all policies, processes and practices, informed by emerging thinking and evidence.

2 Empowering families, children, young people and staff to have a voice and raise concerns.

Schools, in partnership with families, will ensure children and young people, are engaged and active participants in decision-making processes, particularly those that have an impact on their safety.

This means that the views of staff, children, young people and families are taken seriously and their concerns are addressed in a just and timely manner. Children and young people are also provided with the necessary skills and knowledge to understand and maintain their personal safety and wellbeing.

3 Implementing rigorous risk-management and employment practices.

Schools will systematically and continually identify and assess risks to child safety and will eliminate (where possible) or reduce all potential sources of harm. Effective risk management will be embedded in school life through effective, transparent and well-understood policies, procedures and practices.

Schools will employ highly competent and professional staff who are formed and challenged to maintain the safety of all students. The high-quality of staff appointments will be upheld through rigorous employment and staff review processes and practices.

Catholic education will stay abreast of current legislation and will meet their legislative duties to protect the safety and wellbeing of children and young people in their care, including the Victorian Child Safe Standards (Victorian Government 2016), mandatory reporting, grooming, failure to disclose and failure to protect requirements.

References

Congregation for Catholic education 1997, *The Catholic School on the Threshold of the Third Millennium*, Vatican, Vatican City, accessed 24 February 2016 www.vatican.va/roman_curia/congregations/ccatheduc/documents/rc_con_ccatheduc_doc_27041998_school2000_en.html.

State of Victoria, Department of Education and Training 2016, *Child Safe Standards – Managing the Risk of Child Abuse in Schools Ministerial Order No. 870*, Education & Training Reform Act 2006, Gazette No. S2, accessed 16 May 2016 www.gazette.vic.gov.au/gazette/Gazettes2016/GG2016S002.pdf.