

# HOLY ROSARY SCHOOL HEATHCOTE

Registration No. 1252



18 Pohlman Street, Heathcote (P.O. Box 61)

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## NEWSLETTER No 28 : 5th September, 2013

Dear Parents,

If we were to accept that an idealist is a person who represents things as they might be rather than as they are, then, there is a strong likelihood that at some stage of life we have all been idealists. We've all been starry-eyed about something whether it be our first day in high school, our first job or our first romance; but somehow, whatever it was, it didn't live up to our expectations and we were confronted with reality, the reality with which we have to live.

It is so easy to talk about the ideals of our Christian faith but so difficult to live them. Reconciliation, forgiveness and acceptance of one another are easy to talk about, but, when confronted with the huge diversity of people in our society, they are so difficult to live out. It's not easy to demonstrate love to a person with whom we have a personality clash or whose behaviour we find difficult to accept. Yet, God's love says to us, "I love you unconditionally, no matter what you have done". These words are a wonderful encouragement to keep plugging away and not to be disheartened by failure.

As parents, we all wanted to have the ideal child and to provide for that child a home that was an ideal nurturing environment. And even though our child is not ideal and our home is ideal only on occasion, we continue to do our best and to get as close as we can to fulfil our ideals. This strong sense of idealism we should share with our children, particularly in those areas of life that really matter.

It is of great importance that we give our children a proper perspective of the **value of education**. From the time we are born we are all learners. From our earliest years we take in information that keeps us from harming ourselves and enables us to ask for assistance. Throughout our childhood and adolescence, we acquire skills that equip us to achieve our independence as individuals and to take our place in our family as people in our own right. Going to school is not always exciting, interesting or necessarily something to be happy about. Ongoing education after school is probably not much better. However, we need to keep plugging away and be idealistic about what we can achieve through our personal development.

Possibly, the single most important quality we can help our children to develop and that will enhance every part of their lives, is the **value of integrity**. To have integrity means that you are totally honest and truthful in every part of your life. In order to be totally honest with others, you firstly have to be totally honest with yourself. If you are always honest and true to yourself, you cannot be false to anyone else. What a different society we would have if everyone had integrity as a personal ideal.

It is said that **compassion** is the highest form of love. In Jesus' time there was little compassion in any society in the world. It was a time of contrasts: the powerful and the disenfranchised, the rich and the poor, the free and the enslaved, the socially accepted and the outcasts. Jesus stood out in His society as a person of active compassion: "And when Jesus went out He saw a great multitude; and He was moved with compassion for them and healed their sick." Matt. 14:14. "When Jesus saw her, He had compassion for her and said to her, 'Don't weep'. Then He came and touched the coffin and said, 'Young man, I say to you, arise'." Luke 7. 13:14.

It is our job as parents to keep putting before our children an optimistic view of life, to encourage them to see things as they might be – and can be - if they keep striving for their ideals. What better ideals than to encourage our children to ongoing education, integrity and compassion

Peace and best Wishes  
Noel Dillon  
Principal

**FIRST FRIDAY MASS**  
**Friday, 6th September : 11.30am**  
**ALL WELCOME**

### 2014

We are beginning the process of organizing grade structures for the 2014 school year. To assist us with this process, it is important that we are aware of all prospective enrolments. If you know of any families that are looking at enrolling at Holy Rosary, could you please ask them to contact us. The sooner we can confirm numbers for next year, the sooner we can organize grade structures.

## Active After School Communities Program

Tuesday, 3.30pm - 4.30pm

### SACRAMENTAL PREPARATION

A number of families have contacted Fr. Antony regarding their child's Baptism as part of their Sacramental preparation.

We are looking at a date in the near future to provide an opportunity for Baptism. Please contact Noel Dillon for further details.

Several families will be part of the Baptism in the near future.

Congratulations to Jamie-Leigh Hearne and her brother Zac who were Baptised last Saturday.

### UNIFORM SHOP :

Tuesdays between 3.15pm - 4.00pm

Items must be for on the day - cash only

### SUMMER UNIFORM

#### Change over to summer uniform.

With the warm weather starting this week, children can now wear summer uniform. We will have a change over period until the end of term, with full summer uniform to be worn from the start of term 4.



### SUN SMART HATS

With the recent warm weather, it is timely for children to wear their hats at school. Please ensure your child has his/her hat at school to wear.



### PARENT HELPERS WANTED

We are on the hunt for some parent helpers to assist Mrs. Mac with the covering of books in the library. If anyone is interested in helping out, please see Mrs. Mac.

### SCHOOL DROP OFF/PICK UP

A further reminder that all school pick up and drop offs are to be at the car park side of the school. Students are still being dropped off and picked up in the front of the school. Our concern is around student safety. If this continues, the appropriate law enforcement agency will be contacted.

Our current procedure is for children to be collected via the car park near the basketball courts. These procedures have been put in place to ensure that the safety of the children is maintained. Please abide by the safety rules put in place for the collection of the children.



It was great to see so many families at our Father's Day Breakfast last Thursday. Thanks to all our helpers on the day, in particular Therese Stopp and the staff who were at school at 7.00am setting up and cooking the food for the morning. We are so fortunate to have such dedicated people working with our children.

### School ends for Term 3

Friday, 20th September at 2.30pm

### School resumes for Term 4

Monday, 7th October

### TRANSITION DATES - TERM 3

Monday, 16th September

### TERM 4

Monday, 14th October

Monday, 21st October

Monday, 11th November

Monday, 25th November

Tuesday, 3rd December



**MCIVOR SPORTS**  
**Friday, 13th September**  
**at Holy Rosary School**

We are planning a great day for students and are looking forward to seeing everyone participating at their best in our athletics carnival. Students are encouraged to dress in their house colours on the day.

Running events, including sprints and long distance races, will be held from 9.45am to 12.00Noon when we will break for a BBQ lunch. We will re-commence with field events at 12.30pm until 2.30pm with presentations to follow and dismissal at 2.45pm.

Any parents willing to help out on the day would be very much appreciated. Please let Mr. Anstee or any of the teachers know if you are available.

**RELIGIOUS ITEMS**

We have a selection of religious items available at the office for those wishing to purchase a gift for a child who will be receiving the Sacrament of Confirmation. Items include cards, rosary beads, statues and plaques. Prices range from \$4.00 to \$28.00.



**Footy Day : 20th September**  
**Last day of Term 3**

**Children may wear their favourite  
football team colours.**  
**Footy activities on the day**  
**Purchase pie and drink for lunch**  
**Price/order form next week**

**Invitation**



to attend a  
**Small Township & District Engagement Meeting** with  
Council representatives to share information on activities relevant to your community.  
**ALL WELCOME**

Mia Mia Mechanics Institute,  
20 Valley Rd.

**Tuesday 3 September** and

Heathcote RSL  
127 High Street,

**Monday 23 September 2013**

**at 7pm**

Further information: 5434 6261.

**BREAKFAST CLUB**  
**Tuesday and Thursday**

**No Breakfast Club last week of Term 3 or  
first week of Term 4**

**NO CANTEEN WEDNESDAY, 18TH SEPTEMBER**

**AWARDS**

**To be presented at Assembly on Monday**

**Respect for Self**

Liam Hennessy  
Monique Scoble

Max Motton  
Jackson Pearce

**Respect for Others**

Josh Dingwall  
Roxanne Jorgensen-Neave

Sonnie McDonald

**Respect for Environment**

Jordyn Dumigan  
Jack Lee

**Making Jesus Real** (for excellent manners)

Charlee Murray  
Lavenda Stopp

Chloe Byrne  
Miranda Whitehead



## From September, 5 things to remember

*Slip! Slop! Slap! Seek! Slide!*

From September, Victoria's UV levels are on the rise, so it's time to dust off the sun protection gear and *Slip, Slop, Slap, Seek, Slide* whenever you are outside. Check the SunSmart UV Alert for daily sun protection times – you can find it on the free SunSmart app, online ([sunsmart.com.au](http://sunsmart.com.au)), in the weather section of newspapers, or as a free [website widget](#). If you can't check the UV Alert each day, make sure you use sun protection every day *from September to the end of April* in Victoria. Don't just wait for hot, sunny days.

**Remember these 5 SunSmart steps during the sun protection times, even if it's cool or cloudy**

1. **Slip on covering clothing.** If you can see skin, UV can reach it. Is your child's skin covered with cool clothing today?
2. **Slop on SPF 30 or higher broad spectrum sunscreen.** Apply sunscreen before going outdoors and reapply every two hours. One application is not enough. Has your child had sunscreen applied and reapplied today?
3. **Slap on a sun protective hat.** The best hat shades the head, face, eyes, ears and neck. Does your child's hat protect all of these areas?
4. **Seek shade.** Shady spaces help block some of the sun's UV but not all so you still need to wear hats, clothing and sunscreen even in the shade. Does your child have shady places to play?
5. **Slide on sunglasses labelled AS 1067.** If practical, help protect your child's eyes with sunglasses. Are your child's eyes safe in the sun?

### A note about vitamin D

The sun's UV is the best natural source of vitamin D.

From September to April in Victoria, most people need just a few minutes of sun exposure to the face, arms and hands (or equivalent area of skin) mid-morning or mid-afternoon on most days of the week to help with vitamin D. Even with sunscreen you can still get some vitamin D. Sun safe outdoor play throughout the day should not put your child at risk of low vitamin D.

Children with naturally very dark brown or black skin need even more sun exposure to help with vitamin D. These children usually don't need to apply sunscreen but they should still use the other SunSmart steps during sun protection times.

For further information contact:

SunSmart:

Ph: 9635 5148

Email: [sunsmart@cancervic.org.au](mailto:sunsmart@cancervic.org.au)

Web: [sunsmart.com.au](http://sunsmart.com.au)



**CANTEEN WEDNESDAY, 11th September, 2013**

NAME:

.....

CLASSROOM: ..... I wish to order ..... serve/s

Ham Wrap ☐

Lettuce ☐ Tomato ☐ Cheese ☐

**\$3.00 per serve** Money enclosed \$ .....

**Please return order & money in an envelope  
to your classroom by Monday, 9th September**

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### CANTEEN HELPERS

As you are aware, our canteen runs on a Wednesday each week. Parent involvement in the organization and preparation of the lunches has allowed us to keep costs to a minimum.

Your support is needed to help the current parents with the preparation of the lunches each Wednesday. To allow us to share the load around, we are hoping to establish a roster of parents for the term. If you can assist, please nominate the Wednesday/s you are available and a roster will be drawn up. Please complete the attached reply and return it to the school office.

**We still need assistance in the canteen on the following days. If you can help, please circle dates on which you are available and return to the office ASAP.**

|           |       |
|-----------|-------|
| September | 11    |
| October   | 23    |
| November  | 13 27 |

NAME .....

**High School Maths Tutor : 'Achieve Results'**  
Including VCE maths subjects  
Hourly sessions from 5.00pm to 9pm  
Charles.davies21@hotmail.com : 0400 118 783



# **St. Mary's Primary School, Myrtleford 90th Anniversary Celebrations**



## **Saturday 14th September at 7.00 pm**

Marian College Hall. Join Friends, Family and Teachers for a Roast Meal and Sweets.

Tea, Coffee, Nibbles and Slice will be provided.

*Cost for the meal is \$20.00.*

*Soft Drinks, Wine and Beer can be purchased on the night.*

## **Sunday 15th September**

Celebrate Mass at 10.30 am in St Marys Church.

Take a trip down memory lane with a guided tour of St Mary's

Primary School and Convent in Myrtleford (43 O'Donnell Avenue).

Enjoy a relaxing lunch catching up with school friends, sharing stories etc. in St Mary's quadrangle.

*Cost \$10.00*

*.Primary School children free.*

*Soft Drinks, Wine and Beer for sale at venue.*

Contact for information and/or reservations

St Mary's School                      57521808

St Marys Parish Office              57521005

Bev Rossato                              57511484

Marg Kirk                                57521752

Helen Morgan                        57522282    email (m\_h\_morgan@westnet.com.au)

## PARENTS & FRIENDS

A big thank you to Kylie Ryan and Kristy Jaroslowski for their help with the Father's Day stall . Without their help it would not have run.

**Meeting : Tuesday, 10th September, 9.00am in the O'Dee. ALL WELCOME**



Preparations are in full swing for a fundraising fete to be held on Saturday, 19th October - Term 4.

We are still looking for volunteers for stalls and activities held on the day. We would appreciate if everybody could offer at least one hour of their time on the day. Would you please select a stall and time frame that suits you, otherwise you may be allocated to a position. Please return this to the office

The F1NB class will be having a Lucky Jar Stall on the day. If you could, please keep any empty jars, Large or small, washed and de-labeled. There will be a collection box in the learning street for them.

NAME .....

| STALL   | TIME | ACTIVITY               | TIME |
|---|------|------------------------|------|
| Deavonshire Tea   |      | Gumboot Toss           |      |
| BBQ   |      | Closest to Pin         |      |
| Cow Pat Squares   |      | Handball               |      |
| Raffle  |      | Colouring Competition  |      |
| Lucky Jars  |      | Hoola Hoop Competition |      |
| Show Bags   |      |                        |      |
| Central Ticketing<br>We need three people<br>here for most of the day |      |                        |      |

Comments:



**WE REALLY NEED YOUR HELP**