



## NEWSLETTER No . 14 : 21st May 2015

### Dear Parents,

You might be aware of the T.V. programme, “Extreme Makeover”, in which people are given the opportunity to undergo cosmetic surgery to help them to “look better”. This “makeover” process promises to make people happy and to feel better about themselves. Millions of people world-wide undergo cosmetic surgery, botox injections as well as decorative tattooing and body piercing to make themselves look special, more appealing, more “unique”.

Many people seem to be not satisfied with themselves the way they are. They want a “change for the better” and these procedures offer change, “happiness” and above all transformation. Of course, appearance is important but it is not what life is all about.

Two thousand years ago a small group of Jewish people was very much wondering what life was all about. They were hiding in a small house, anxious, perplexed and in fear of their own lives. Their leader, who had been their inspiration, had been executed, had come back to them in a mysterious resurrected form and then, had ascended into the clouds before their very eyes. Their lives were in turmoil. Things had been going so well for the past three years and now disaster. And what were they to make of Jesus’ words to them, “I am going to the Father but I will send you the Holy Spirit”?

Little did the Apostles realise they were about to have their very own “Extreme Makeover.” When the Spirit did come to them, they heard the sound of a rushing wind and saw tongues of fire above each other’s head; but what they felt was a total internal transformation. From their mouths came words they had never heard before and understanding that came from a source beyond their means. They were filled with joy, their fear was gone, all negativity had vanished and they were completely unconcerned about themselves. They were flabbergasted but totally inspired. They left their hiding place and relished the crowds that came to them; by the end of the day, they had baptised three thousand people. They had become other Christs in the world and would continue to do His work till, like Him, most were executed.

### School Visitation

Brian Turner, Principal of Catholic College Bendigo will be visiting the Grade 5/6 students on Wednesday, 27th May at 2.15pm. Brian has also asked that parents of the Grade 5/6 students come along to meet him.

“We Christians, who bear the name of Christ, who were baptised into Christ, we are to become Christ like. The only way to become Christ like is to act like Christ, to have Christ like character traits and Christ like ideals. We are called to be people of mercy and forgiveness, people of compassion and generosity, people concerned about others and not just about ourselves where we are always the centre of attention.” Father Don Ware C.P.

Our own Confirmation needs to be understood within the context of our whole life. Confirmation does not produce instant transformation but the Spirit helps us to become mature witnesses to Christ. Confirmation is a Sacrament of process, of change and growth; it is kept moving by the way we call on the gifts of the Spirit to help us to overcome the negative influences that daily enter into our lives.

Jesus,

Come into our hearts this Pentecost Day,  
give us the gift of your Spirit.

Help us to be Your people in our world.

May Your Spirit “transform” us this day and help us to become more like You. Amen.

Peace & Best Wishes  
Noel Dillon  
Principal

Mass to celebrate the  
Feast of Mary Help of Christians 200<sup>th</sup> Anniversary  
This will be a school parish mass  
celebrated on Sunday 24<sup>th</sup> May.

This is a major event in our school and parish and will involve a 10.00am Mass, which will include involvement from the students and staff. The mass will be followed by a BBQ lunch and entertainment from the children.

In recognition of the anniversary and the Sunday Parish School Mass, Father Antony has announced Monday 25<sup>th</sup> May as a school holiday. **It is important that all students and families attend the mass on the Sunday.**

### FLYING START PROGRAM

As of Term 2, we will be offering our Flying Start Program for students moving into Foundation in 2016 to help support their transition process.

Next session : Monday, 15th June : 8.45am - 10.45am

**TERM 2 DATES FOR 2015**



**May**

Sunday, 24th May - School and Parish Mass to celebrate the Feast of Mary Help of Christians Anniversary\

Monday, 25th : **NO SCHOOL**

**SCHOOL HOLIDAY FOR OUR LADY OF CHRISTIAN'S ANNIVERSARY**

Wednesday 27th : P & F meeting 9.15am after assembly in the O'Dee  
Cross Country

Reconciliation meeting in the O'Dee at 3.25pm

Thursday 28th : Reconciliation

**June**

Monday 1st : **SCHOOL CLOSURE DAY - REPORT WRITING**

Gr.6 Transition Day - Catholic College Bendigo

Monday 8th : **PUBLIC HOLIDAY - Queen's Birthday**

Monday 15th : Gym : Grade F-2

Thursday 18th : Gym : Grade F-2

Monday 22nd : Gym : Grade F-2

Thursday 25th : Gym : Grade F-2

Friday 26th : End Term 2 : School finishes at 2.30pm - Reports sent out

**N.B. School Closure Days – There will be no school on these days.**

**Monday 25<sup>th</sup> May Holiday for the Feast of Mary Help of Christians**

**Monday 1<sup>st</sup> June Report writing Day**

**ASSEMBLY**

For the next three weeks we will have assembly on a Wednesday, as the Mondays will be taken up by holidays and report writing days

**SCHOOL TIMES**

8.45am-10.45am - Class time

10.45am-11.30am - Recess

11.30am-1.30pm - Class time

1.30pm - 2.15pm - Lunch

2.15pm - 3.15pm - Class time

**STUDENT ABSENCES**

Please contact the school by 10.00am if your child is not attending school for the day. On returning to school, students must bring a signed, written note explaining their absence and give it to their classroom teacher.

**BREAKFAST CLUB TERM 2**



The Breakfast Club will run from 8.00am - 8.30am each Thursday and will be held in the O'Dee.

Next week's special :  
Scrambled Eggs - Pancakes

We welcome parents to be part of the Thursday morning breakfast. The community aspect of the morning is as important as the breakfast itself. Please come along and join in with your child.

**AWARDS**

**Next week's assembly will be held on Wednesday, 27th May**

**Respect for Self**

Riley Bruce                      Monique Scoble  
Caleb Tobin

**Respect for Others**

Charlee Murray

**Respect for Environment**

Billie Dumigan

**Making Jesus Real (for excellent manners)**

Rihanna Ayres                  Lucynda Jaroslaski  
Daniel Keep                      Grace Bradshaw  
Grace Anderson

### CHILDREN'S CHATTER MATTERS

Encourage your child to use more interesting sentences by using a variety of adverbs (words that describe verbs). How many adverbs can they add to these sentence stems:  
The old man walked .... (slowly, quietly, timidly, with an odd gait)  
The children played.....  
We were all speaking.....  
Get your child to act each sentence out.



### PLAYGROUP

learn laugh love

You are invited to come along and join the Parent-Child Playgroup in the O'Dee Centre at Holy Rosary School, Heathcote. For parents and their children 0-5 years.

Thursdays : 10.00am - 11.00am

For more information, please phone Jess on 0409 967 997 or Email:

[jdawson@hrheathcote.catholic.edu.au](mailto:jdawson@hrheathcote.catholic.edu.au)

### SCHOOL UNIFORM

The uniform shop will open only on Mondays after assembly until 10.00am  
Urgent orders : txt Natt on 0437 628 626 to arrange another time or leave order at office

All children should be in full winter uniform

SPECIAL : Size 12 sport track pants with ribbing

Buy one for \$15.00 get one FREE

This size only : Limited stock



### MJR is 24/7

Making Jesus Real: Our focus for weeks 5 and 6 is positive and negative language.

Your attitude is like a motor in your car, if you have a good attitude you will go places in life. If your car is in neutral (don't care) or reverse (negative attitude) you won't go far. The late Steve Irwin was a classic example (both in what he said and his body language) and there are people in your school and in your life (home, your interests, music, drama, sports etc) who also provide examples of how a positive attitude to life takes you places. If you wish to have a positive attitude to life, hang out with positive people. If on the other hand you hang around with moaners and groaners (at time we all moan and groan), you will be dragged down by that Negative Attitude to people and life.

Whatever the dream we have is: Happy Family, Happy class, Happy sporting team, Happy school.

We are often in a team situation and if we are conscious of our role to play as team workers not receivers or takers, we can give of ourselves and make our team work so much better for everyone.

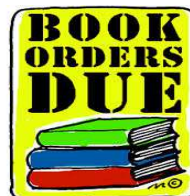
At life, at home and at school with our friends, the 1 "percenters" are WEST – it's the small things like remembering to say please, thankyou, sorry and excuse me, holding the door open for people and welcoming smile when we meet someone. Small things in life are the Very Important things. You can make someone's day with these small acts, and they help you to become a Giving person.

### SMOKING REGULATIONS

New smoking bans to apply on school grounds and at school entrances

From **13 April 2015**, smoking will be banned within the school grounds of, and within four metres of an entrance to, all primary and secondary schools in Victoria, as well as all Victorian childcare centres, kindergartens and pre-schools, under an amendment to the *Tobacco Act 1987* (Vic.).

The new bans are enshrined in legislation and will apply to all schools in Victoria, thereby ensuring a consistent approach across the government and non-government sectors.



Order forms for Issue 4 of Book Club have been sent home today. Money and orders to be returned to the classroom teacher by next Wednesday, 27th May.

### Annual Report to the school community for 2014

The Annual report to the school community is available on our website. A copy may also be found at the school office. Please take the time to read over the report, as the it lists our school year for 2014 with successes and future planning.



ON SALE AT THE OFFICE  
*Tomato Relish - \$2.00 per jar*

HEATHCOTE JUNIOR FOOTBALL  
NETBALL CLUB

will be holding NET SET GO for  
Kids aged 5-10  
at Barrack Reserve Wednesdays  
4.00pm - 5.00pm  
commencing 27th May  
Cost of \$60.00 running for ten weeks  
Please come down to the stadium  
on any Wednesday for more information  
Or call Julie Gellatly on 0401 490 845

**ANIMALS AT SCHOOL**

At our recent School Board meeting a motion was passed to avoid injury to children in the school from animals,.

NO ANIMALS ARE PERMITTED WITHIN THE BOUNDARIES OF THE SCHOOL GROUND OR BUILDINGS UNLESS PRIOR APPROVAL IS SOUGHT FROM THE PRINCIPAL

**RECONCILIATION : 11th June**

**Time to be announced**

This is for children in Grade 3-6 who would like to receive the sacraments this year. **Our next gathering will be held on Wednesday, 27th May at 3.25pm in the O'Dee Centre.** Please feel free to come along and join in. Bring some afternoon tea to share. The session should last about 45 minutes. Any questions, please contact Bernie O'Keefe or myself. All welcome.

Noel Dillon  
Principal

Parents and Friends Meeting

A grand profit of \$1,100.00 was made from the Mother's Day Luncheon. Well done!

Due to our recent overwhelming support for the Parent community and the great work that has been done by families at the school, we will hold a Parents and Friends meeting on Wednesday 27<sup>th</sup> May after assembly. The meeting will be held in the O'Dee. Please come along and support the Parents and Friends.

Dear Parents/Caregivers

I am planning on running Seasons for Growth within our school. The Seasons for Growth is a program for children, young people or adults who have experienced significant change or loss.

Seasons for Growth is based on the belief that change, loss and grief are a normal and valuable part of life. We examine the impact of changes such as death, separation and divorce upon our lives, and explore how we can learn to live with and grow from these experiences.

The core intentions of this program are the development of resilience and emotional literacy to promote social and emotional wellbeing. The program is educational in nature and does not provide therapy.

We use the imagery of the four seasons to illustrate that grief is cyclical, not a linear journey with a clear end. Peer support is a key element of the program, and confidentiality is strongly emphasised.

The program runs for approx 1 hour (withdrawal from class) for 8 weeks. If you may be interested in your child/children participating in this program, please return the attached 'expression of interest' form to the office, or email Jess, [jdawson@hrheathcote.catholic.edu.au](mailto:jdawson@hrheathcote.catholic.edu.au)

Please do not hesitate to contact me with any other questions you may have about the program.

Kind Regards,  
Jess Dawson  
Student Wellbeing Worker

.....  
**Seasons for Growth: Expression of interest**

Child/children:

Parent/s:

Signature:

Lunch orders will be on a Thursday and will be every fortnight.

**CANTEEN THURSDAY, 28th MAY, 2015**

NAME:

.....

CLASSROOM: .....I wish to order .....serve/s

Potato Gems & Gravy

Bacon & Vegetable Noodle Cup

Cost: Gold coin

Students will also receive water & treat with their order

**Please return order & money in an envelope  
to your classroom by Wednesday, 27th May**

**NO LATE ORDERS ACCEPTED**

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*FEAST OF MARY HELP OF CHRISTIANS*

*200 YEAR ANNIVERSARY OF TITLE 1815 - 2015*

*SUNDAY, 24TH MAY, 2015*


*COME CELEBRATE MASS AT 10.00AM ON OUR SPECIAL DAY*

*FOLLOWING MASS THERE WILL BE A  
PROCESSION TO THE O'DEE CENTRE WHERE THE  
STATUE OF MARY WILL BE CROWNED*

*THIS WILL BE FOLLOWED BY A BBQ LUNCH WITH  
ENTERTAINMENT PROVIDED BY THE SCHOOL CHILDREN*

*N.B. EITHER A SALAD OR A SWEET WOULD BE MUCH APPRECIATED*

*PLEASE ALL COME HELP CELEBRATE THIS SPECIAL DAY!*



**Prayer to  
Mary Help of Christians**

Most Holy Virgin, Help of Christians, I consecrate myself entirely to your Immaculate Heart and promise to live only for the greater glory of God and the salvation of souls.

I entrust to your care the Church, its Supreme Pontiff, priests and missionaries, my relatives and friends, today's youth, exposed to so many dangers, poor sinners and the dying, and all the souls in Purgatory.

Teach me, dearest Mother to copy your virtues in my life, particularly your strength and courage, obedience to God and spotless purity.

Grant also, Mary Help of Christians that through your powerful intercession I may be victorious over the enemies of my soul in life and in death, so that I may be with You in Heaven. Amen.

800-178

